FREE Bikeability Cycling Courses Summer Holidays 2017



Croydon Arena Regina Coeli & Woodcote High Book online at http://bit.ly/CroySum17

Download info pack http://bit.ly/2mWXJJP



More details about Bikeability https://bikeability.org.uk/

Contact us: info@cyclinginstructor.com 0845 652 0421 ★@cicom www.cyclinginstructor.com







Bikeability FREE Summer Holiday Cycling Courses

Cycle to school with confidence! These courses are designed to give trainees the skills needed to make a journey to and from school on quiet roads.

Level 1: Half day course, School Year 3 & 4, Age 7 and above, off road only

Level 2: Two day course, School Year 5, Age 9 and above

Level 3: One day course, School Year 5, Age 9 and above, if L2 is completed

Bicycles are available to borrow for Age 9 and above at Croydon Arena only. Helmets and Hi Viz are supplied.

CROYDON ARENA Albert Rd SE25 4OL

Level 1: 2 August, 9.30-11.30am

Level 1: 2 August, 12-2pm

Level 1: 23 August, 9.30-11.30am

Level 1: 23 August, 12-2pm

Level 2: 26 & 27 July, 9.30am-2pm Level 2: 30 & 31 August, 9.30am-2pm

Level 3: 28 July, 9.30am-2pm

Level 3: 1 September, 9.30am-2pm

REGINA COELI CATHOLIC PRIMARY SCHOOL 173 Pampisford Rd CR2 6DF

Level 1: 24 August, 9.30–11.30am

Level 1: 24 August, 12-2pm

Level 2: 21 & 22 August, 9.30am-2pm

Level 3: 23 August, 9.30am-2pm

WOODCOTE HIGH SCHOOL Meadow Rise, Purley, Coulsdon CR5 2EH

Level 1: 16 August, 9.30-11.30am

Level 1: 16 August, 12-2pm

Level 2: 8 & 9 August, 9.30am-2pm Level 3: 10 August, 9.30am-2pm

- All trainees must have a signed and completed consent form
- Trainees must have a roadworthy bicycle
- Helmets must be worn
- \bullet Level 2 & 3 trainees leave the venue and go on road with the instructors
- All instructors are DBS checked
- Bikeability Certificates and Badges are awarded to trainees on completion.