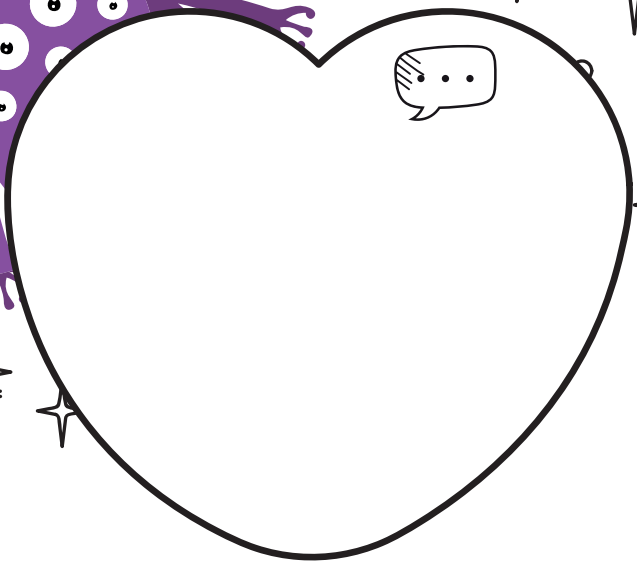


# NOBODY IS PERFECT!

○ #WellbeingWednesday

INSTEAD OF SAYING  
I CAN'T DO THIS,  
I WILL SAY..



INSTEAD OF SAYING  
NO I'M BUSY!  
I WILL SAY...

INSTEAD OF SAYING  
I DON'T KNOW,  
I WILL SAY...

