

Take Charge

Reducing Parental Conflict Programme

Our programme is designed for parents with a child/young person who has SEND. We offer a range of **mentoring, activities and counselling to support parents** to achieve a more harmonious family life.



What can you expect?

Take charge is a free programme offering:

- Coffee mornings
- Learn your rights
- Counselling
- Mentoring
- Take Charge of your relationships
- Group and 1:1 activities

You choose what you need.



Expert advice



Interactive activities



Personalised support for you and your child



Valuable resources

No fees - it's all free!

About us

Our core mission is to give back to our community and **support parents and families**. We have 8 years of experience from our independent SEN school and running a variety of programmes aimed at helping people - from getting into employment to empowering young people's lives through mentoring and Choice Theory. We partner with the William Glasser Institute and our network includes 28 partners across South London and nine SEN teams.



Ready to Take Charge?

Come meet us at one of our weekly coffee mornings!
Email us or give us a call - you are all welcome.

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Where are we?

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Check out our website



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