



St Chad's Catholic Primary School

10th October 2025

Weekly Newsletter

Dear Parents,

Friday again – where does the week go?

A big thank you to the PTFA for organising last Friday's *Pre-Loved Uniform Sale*. It was a great success! It's always fantastic to see good-quality clothing being reused, while also raising valuable funds for our school community.

This week has been packed with exciting learning opportunities. We welcomed visits from the **London Fire Brigade**, the **Geo Bus**, and also hosted a special **Parliament Assembly**. The children were thoroughly engaged and made thoughtful contributions throughout – well done to them all!

We're also proud to share that our team achieved **great success at the Trinity Tag Rugby Competition**, finishing top of our group! A huge well done to the team, and sincere thanks to **Coach Luca** and **Mrs Davern** for supporting the children at the event.

With just two weeks until half-term, a few reminders:

Parents' Evening: Appointment slots will go live **later today** – please make sure to book your slot.

CAFOD Water Appeal Day – Thursday 16th October: Children are invited to come to school dressed in **blue** to show support for this important cause.

Parent Coffee Morning – also Thursday 16th October: Our theme this time will be **developing early language**, and we warmly invite all parents to come along.

Thank you, as always, for your continued support. Wishing you a **wonderful weekend** – and enjoy what might be the last of the autumn sunshine!

In Christ, Mrs T Lawlor

Open Morning 14th October

We warmly invite prospective parents of children due to start **Reception in September 2026** to join us for our **Open Morning on Tuesday at 9:30am**.

Come and see St Chad's in action — meet our dedicated staff, explore our vibrant classrooms, and discover how we nurture a love of learning right from the very start of your child's journey.

We look forward to welcoming you and sharing what makes St Chad's such a special place to learn and grow.



Grow
in Love,
Live in
Peace

Next Events

14 October

09:30

Open Morning to View School

Reception Places
Still Available for
2025/2026
Admissions - Apply
Now!

World Mental Health Day



As part of Mental Health Awareness Day, Year 3 enjoyed a **Body and Mind Wellbeing session**. The children explored gentle stretches, deep breathing, and mindfulness techniques to help them relax, refocus, and care for their wellbeing. They really enjoyed taking time to slow down, connect with their bodies, and nurture both their mind and spirit. This session also encouraged them to reflect quietly, helping them grow in awareness of themselves and God's presence in their lives.



On Wednesday, Year 2 were joined by Mr. Paul from the London Fire Brigade. He spoke to the children about the importance of the fire service, how to stay safe in the event of a fire, and how to prevent fires from starting. The children really enjoyed the workshop and learned a lot about writing fire evacuation plans.



Tag Rugby Winners!

On Thursday a group of our Year 6 pupils took part in a Tag Rugby competition at Trinity School, where they put on a fantastic display of teamwork and skill. The children played brilliantly, scoring many tries and showing impressive passing and dodging techniques throughout the games. Their hard work paid off as they finished top of their group! Everyone had a great time and came away excited to keep practising and improving. Well done to all of the children who took part, we are very proud of your sporting success and the way you represented our school.



Adoration

The children in Years 4 and 5 have continued to deepen their relationship with Jesus through their Adoration sessions. We are very fortunate to have Pam and Angie join us and lead these special times of peace and prayer, reflecting on Biblical stories and the important messages they share. The children show great reverence during these sessions and are always eager to share their thoughtful responses. We look forward to our next Adoration session with joy and anticipation.

Parents Evenings

Parents will receive a text message at 6pm today to notify them that bookings are open. Following this, an invitation will be sent from the booking portal to make your appointment. We will be monitoring bookings throughout next week and will send reminders where necessary. Please note that bookings for each event will close at 3pm on the day prior to the event.

We kindly ask all parents to ensure they attend their booked appointments and arrive on time. These meetings are vital in helping to support your child's learning and provide a valuable opportunity to discuss their progress and next steps.



CAFOD 2025 Appeal

On **Thursday 16th October**, St Chad's will be raising funds in support of CAFOD's Autumn Appeal, which focuses on creating a fairer world by improving access to clean and safe water.

On this day, pupils are to come into school dressed in blue as a symbol of the importance of water. During the day, they will also take part in a practical activity which involves carrying water. This will help them gain a deeper understanding of the daily challenges faced by millions of people around the world who must walk long distances to collect the water their families need.

We kindly ask, that on that day each child brings a donation of **£2** to contribute towards this vital cause. Every contribution will help CAFOD continue its life-changing work, supporting communities to gain fair access to clean water. Together, we can make a real difference.



**Wear blue on Thursday
and bring in £2.00 to
support CAFOD**



School Fund Donation

We would like to invite all families to make a voluntary contribution to our School Fund. We suggest an amount of £20 per family, though of course, any amount would be greatly appreciated. You can make any payments via your ParentPay account.

We have had a very poor response to this request, if you are able please do make a donation, so that we can improve the provision for all the children.

Coffee Morning

Coffee Morning Thursday 16th October at 8.40am



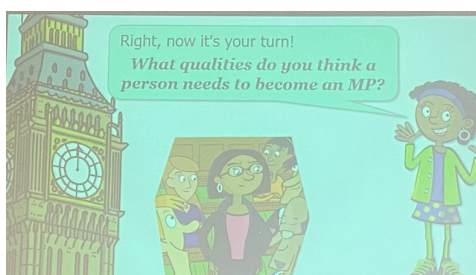
*Reception Class teacher Miss Del Busto will be presenting this session on developing early language.
All Welcome.*

Geo Bus Year 6

On Wednesday, Year 6 had an exciting experience with the Geo Bus, joined by Amy from the University College London science team. They learned all about climate change and how it is affecting the polar regions, perfectly linking to their Frozen Kingdom topic. The children were fully engaged, curious, and impressively knowledgeable, exploring sea ice in the Arctic with 3D glasses and images. Their interest was so great that they even asked Amy questions she couldn't answer!



KS2 enjoyed a very interesting and engaging assembly with Damien from the UK Parliament Education team. He explained how Parliament works, including the two houses, how bills are passed, the importance of voting, and the roles of Members of Parliament. The session became even more memorable when Tony got to be Prime Minister for the day and chose his cabinet, giving the children a hands-on experience of decision-making in Parliament.



Attendance

29/09/2025 - 03/10/2025		
Registration Group	Attendance %	Punctuality (lates) %
St Mary Nur	92.3	2.2
St Peter Rec	98.2	0
St Ann Rec	96.8	0.5
St Elizabeth	95.2	0.9
St Luke	93.6	0
St John Paul	93	1.3
St Martha	91.4	1.9
St John Bosco	98.6	1.4
St Martin	100	1.2
St Catherine	99.1	0.5
St Andrew Y5	98.6	1.4
St James Y5	97.8	2.2
St Therese Y6	95.5	0.5
St Brigid Y6	97.7	0.5
Totals	96.3	1

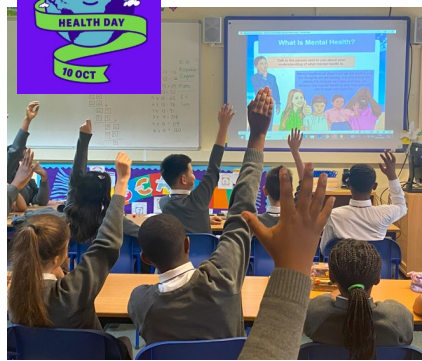
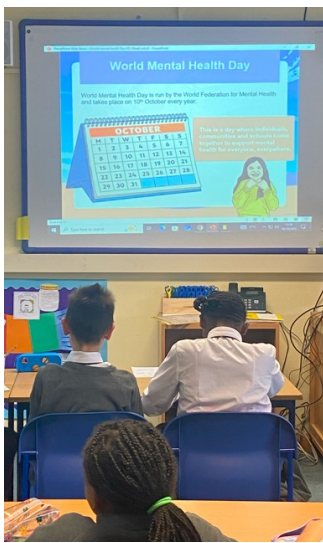
Regular attendance at school is vital so that children can progress in their learning and friendships. If your child is unwell, please leave a message on the answer phone or email the office by **8am**. The office staff check registers and must follow up on any unexplained absences by 9.15am, so your cooperation with this is appreciated.

Routine medical and dental appointments should be scheduled for outside school time. Holidays in school time cannot be authorised.

Well done to St Peter's in the infants and St Martin in the Juniors.



World Mental Health Day in Yr6



For Mental Health Awareness Day 2025, Year 6 explored what good mental health looks like, the barriers to asking for help, and ways to promote wellbeing. They also learned how to be good listeners to their friends and were reminded of the support available at St Chad's. The session ended creatively, with the children designing their "happy places", reflecting on what makes them feel happy and supported.

The Month of October Pray the Rosary



Our Lady of the Rosary, you care for each of us with tender motherly love. You wish us to truly turn to you so that you may care for us as a mother. Please bring all of our needs before the throne of your Divine Son, and we particularly ask today that you pray that we and all people may grow in true devotion to you!

AMEN.

CONGRATULATIONS!

Headteacher's Award



St Luke	Olivia, Ezekiel
St Elizabeth	Barbara, Luna
St Martha	Skyler, Rousset
St John Paul II	Nicole, Melody
St John Bosco	AJ, Makeeba
St Martin	Lily, Aaron
St Catherine	Ire, Micaiah
St James	Danielle, Anaiyah
St Andrew	Ebose, Elisha
St Brigid	Aista, Tahlia
St Therese	Mabelle, Abel

Gospel Value



St Luke	Amanda, Gregorio, Destiny
St Elizabeth	Alex, Kamsi, Malaika
St Martha	Lorenzo, Naella, Ararat
St John Paul II	Ayla, tony, Sophia
St John Bosco	Eliora, Christly, Junior
St Martin	Simon, Louis, Odera
St Catherine	Hannah, Liora, Shalom A
St James	Leilah, Georgia, Akonobebe
St Andrew	Siena, Marisha, Heather
St Brigid	Abel, Ameerah, Jayden
St Therese	Michaela, Jemiah, Benjamin

Next two weeks at St Chad's

Monday 13th October	
Tuesday 14th October	Open Morning @9:30 am FA Cup Visiting
Wednesday 15th October	
Thursday 16th October	Yr2 Carbon Monoxide Workshop 8:30 Coffee Morning—Early Language CAFOD Appeal Day—All children to wear blue
Friday 17th October	Yr5 Carbon Monoxide Workshop Stone Age Day Yr3
Monday 20th October	Parents Evening
Tuesday 21st October	Yr6 Carbon Monoxide Workshop Parents Evening
Wednesday 22nd October	Parents Evening
Thursday 23rd October	Yr3 Carbon Monoxide Workshop Parents Evening
Friday 24th October	Break up for Half Term

St Chad's Wrap Around Provision



Hope's Haven
St Chad's Catholic Primary School
Breakfast & After-School Club

Breakfast Club
Open from 7:30am - £6 per session

After-School Club
Open Until 6:00pm - £12.50 per session

**Discount for Full Wraparound Care
(Breakfast & After-School)**
£16 per day

10% Discounts for Siblings

Club Manager
Stephanie Odewale

Starting
2nd September 2025

To make a booking for your child
please email Mrs Odewale at
wac@stchadsprimaryschool.com

Our **Wraparound Care** offers a safe, welcoming space where children can thrive before and after school. With high-quality, caring staff, delicious fresh food, and a wide range of stimulating activities, we make sure every child is happy, well looked after, and engaged. Safeguarding is at the heart of everything we do, giving parents complete peace of mind. Whether it's enjoying a healthy snack, getting creative, or having fun with friends, your child will love their time with

us.



10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labeling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College