

# ONLINE PARENT/CARER WEBINARS

Jointly run by Off The Record and Croydon Drop In

Join us online for the following free workshops. Sign up via Eventbrite by scanning the QR code below. Cameras and microphones can be turned off.



## Supporting your Child with Emotionally Based School Non-Attendance (EBSNA)

Tuesday 11<sup>th</sup> November 2025 at 1:30pm

## Helping your Child with Anxiety and Worries

Tuesday 18<sup>th</sup> November 2025 at 1:30pm

## Helping your Child with Behaviours that Challenge (Primary age)

Tuesday 25<sup>th</sup> November 2025 at 1:30pm

## Introduction to Neurodivergence

Tuesday 2<sup>nd</sup> December 2025 at 1:30pm

## Supporting your Young Person with Low Mood

Tuesday 9<sup>th</sup> December 2025 at 1:30pm



TALK TO US

**OFF THE RECORD**



**Are you OK  
Croydon?**



**You Talk,  
We Listen**  
Croydon Drop In