



17th April 2026

St Chad's Catholic Primary School Weekly Newsletter

Dear Parents,

Welcome back to the summer term! I hope you all had a lovely and restful Easter break and were able to enjoy some special time together as families.

As we move into the new term, a reminder that children can now wear their summer uniform. It's always wonderful to see them looking so smart and ready for the term ahead.

We would also really appreciate your support in re-establishing good bedtime routines. Ensuring that children are well-rested helps them to maintain good energy levels and make the very most of every learning opportunity in school.

Thank you to all those who were able to attend our recent coffee morning—it was great to see so many of you there and to spend time together as a school community.

We are looking forward to a busy and exciting term ahead.

In Christ,

Mrs T Lawlor

Support Our Children- Gift A Bible

As a school, we are excited to be introducing our new Religious Education scheme, ***Lighting the Path***, which places a strong focus on helping children encounter and understand Scripture more deeply.

To support this, we are hoping to provide each class with English Standard Version Catholic Bibles that will be used regularly in lessons, prayer, and liturgy. These Bibles will play an important role in nurturing the spiritual life of our school and supporting the children's growing understanding of their faith.

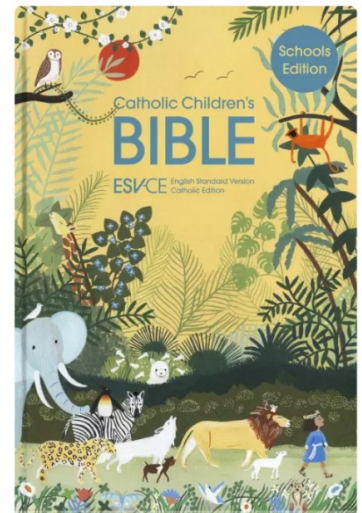
We are asking families to support this important initiative by purchasing a Bible for the school. Each Bible costs £16.99, and you are very welcome to:

- donate the full cost of a Bible, or
- contribute any amount towards one

As a lasting sign of your generosity, each donated Bible will include a message and your family name inside the front cover. This will serve as a meaningful reminder to future St Chad's children that their learning and faith journey has been supported by the kindness of our school community.

Any contribution, no matter how small, will be deeply appreciated and can be made through your ParentPay account.

Thank you for your continued support in helping us grow together in faith.





Nursery News

Nursery's new topic is all about mini beasts. We are learning what a mini beast is, where it lives and what it can do. This week we focused on worms, which we collaged or coloured pink and then cut out independently. We made colourful models using beads and pipe cleaners as well as threading pasta onto wool to make a wiggly worm.



Well done Mr Moonsam

During the Easter break, Mr Moonsam and his dance group travelled to Barcelona, Spain, to compete in the International Dance Competition. The event featured participants from 15 countries around the world, with over 100 performances showcasing a wide range of dance styles.

Mr Moonsam's group achieved outstanding success, winning three trophies: Third place for Best Performance, First place for Latin Dance, and a special award for Artistic Direction (Choreography).



23/03/2026 - 27/03/2026

Registration Group	Attendance %	Punctuali- (lates) %
St Mary Nur	99	1.5
St Peter Rec	88.7	0
St Ann Rec	96.2	0
St Elizabeth	96.7	0
St Luke	100	0
St Martha	94.6	0
St John Paul	95.2	0
St John Bosco	97.7	0
St Martin	95.2	0
St Catherine	95.5	0
St Andrew	93.9	0
St James	99.3	0
St Therese	100	0
St Brigid	95.9	0
Totals	96.2	0.1

Regular attendance at school is vital so that children can progress in their learning and friendships. If your child is unwell, please leave a message on the answer phone or email the office by **8am**. The office staff check registers and must follow up on any unexplained absences by 9.15am, so your cooperation with this is appreciated.

Routine medical and dental appointments should be scheduled for outside school time. Holidays in school time cannot be authorised.

Well done to St Luke in the infants and St Therese in the Juniors.



CONGRATULATIONS!

Headteacher's Award



St Luke	Sage, Shammah
St Elizabeth	Nora, Mia
St Martha	Lorenzo, Shakye
St John Paul	Sophia, Denziel
St John Bosco	Harlem, Kaima
St Martin	Divine, Simon
St Catherine	Aleksis, Ire
St James	Lashonda, Joshua
St Andrew	Siena, Osi
St Brigid	Logan, Bentley
St Therese	Anastasia, Erica

Gospel Value



St Luke	Ethan, Destiny, Kaiden
St Elizabeth	Barbara, Belul, Ethan
St Martha	Isla, Naella, Akosua
St John Paul	Siba, Mya, Psalm
St John Bosco	Isaac, Isaiah, Ithiel
St Martin	Monisade, Paul, Jazelle
St Catherine	Arabella, Nogan, Ayomide
St James	Elijah, Nicole, Samuel
St Andrew	Trevell, Kyle, Elisha
St Brigid	Aista, Jesse, Kamso
St Therese	Mary, Elvis, Cressida

Next two weeks at St Chad's

Monday 20th April	
Tuesday 21st April	
Wednesday 22nd April	
Thursday 23rd April	
Friday 24th April	
Monday 27th April	
Tuesday 28th April	
Wednesday 29th April	Yr6 SATs/PGL Meeting 5:00-6:00pm
Thursday 30th April	
Friday 1st May	

Coffee Morning



Thank you so much to all who attended our coffee morning on Thursday. The focus was on Separation Anxiety. We had some very useful conversation and discussions. We very much appreciate you taking time out of your day to come along and engage with this topic.



St Chad's Wrap Around Provision



Hope's Haven
St Chad's Catholic Primary School
Breakfast & After-School Club

Breakfast Club
Open from 7:30am - £6 per session

After-School Club
Open Until 6:00pm - £12.50 per session

Discount for Full Wraparound Care
(Breakfast & After-School)
£16 per day

10% Discounts for Siblings

Club Manager
Stephanie Odewale

Starting
2nd September 2025

To make a booking for your child
please email Mrs Odewale at
wac@stchadsprimaryschool.com

Our **Wraparound Care** offers a safe, welcoming space where children can thrive before and after school. With high-quality, caring staff, delicious fresh food, and a wide range of stimulating activities, we make sure every child is happy, well looked after, and engaged. Safeguarding is at the heart of everything we do, giving parents complete peace of mind. Whether it's enjoying a healthy snack, getting creative, or having fun with friends, your child will love their time with

us.



10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Peristone Grammar School and works on a secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUpWednesday

The National College